SOPHE/CDC Institute for Higher Education Academy
Collaborating to Strengthen the Quality of Health Education Teacher Preparation Programs in the United States

March 20-21, 2023
Atlanta, GA

Objectives
By the end of this training, participants will be able to:
1. Describe the characteristics of high-quality health education curricula for pre-service teachers.
2. Identify strategies to integrate diversity, equity, and inclusion and Social Determinants of Health into current and future health education curricula.
3. Integrate key Centers for Disease Control and Prevention (CDC) Healthy Schools tools and resources within their health education curricula for pre-service teachers.
4. Develop an action plan to strengthen their health education teacher preparation programs.

Prework
Participants will be provided the following items to review and complete prior to attending the Institute for Higher Education Academy (IHE Academy):
   a. Review the Environmental Scan of Health Education Teacher Preparation Programs 2020
   b. Watch the Health Education Teacher Preparation Standards Webinar available on-demand
   c. Watch the Social Determinants of Health Webinar available on-demand
   d. Watch the Action Plan Overview available on demand
   e. Complete the pre-assessment survey
   f. Complete and submit your Action Plans

January 30, 2023 (EDT)

2:00-3:30 pm IHE Academy Orientation (Online Session)

> Sarah Benes, Assistant Professor, Southern Connecticut State University
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> Rachael Dombrowski, Assistant Professor, California State University San Marcos and SOPHE School Health Project Consultant
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> Doreleena Sammons Hackett, Director of Grants Administration, SOPHE
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> *In this session attendees will review the Action Plans, discuss expectations as attendees of the IHE Academy and will be provided an overview of the IHE Academy agenda. Attendees will also receive a training on health equity and social determinants of health.*

Monday, March 20, 2023 (EDT)

12:00 pm **SOPHE Welcome**
Bill Potts-Datema, Interim CEO, SOPHE
Doreleena Sammons Hackett, Director of Grants Administration, SOPHE

CDC Welcome
Melissa Fahrenbruch, MEd., Program and Professional Development Team Lead, CDC Healthy Schools

12:30 pm **Overview of the Institute for Higher Education Academy**
Rachael Dombrowski, Assistant Professor, California State University San Marcos and SOPHE School Health Project Consultant

12:40 pm **Agenda and Ground Rules**
Rachael Dombrowski

12:50 pm **Utilizing CDC Healthy Schools Tools and Resources within Your Programs**
Melissa Fahrenbruch, and
Sarah Lee, PhD, Research and Application and Evaluation Team,
CDC Healthy Schools

In this session, participants will be provided key CDC Healthy Schools resources and tools that can be used for integrating within their health teacher preparation programs. Some key tools discussed include Whole School, Whole Community, Whole Child and HECAT among others.

1:50 pm   **Break**

2:00 pm   **Characteristics of High-Quality Pre-Service Health Teacher Education Curriculum**
Moderator: Marlene Tappe, Professor, Minnesota State University Mankato
Panelists:

Bonni Hodges, Professor, SUNY Cortland
Kandice Porter, Professor and Department Chair, Kennesaw State University

This panel will:
      I.   *Demonstrate the characteristics of high-quality HE teacher education programs*
     II.   *Review how to assess your curriculum*
   III.   *Describe SOPHE resources available for improvement to your program*

3:15 pm   **Breakout Sessions and Discussion with Panelists**
SOPHE School Health Team members to facilitate breakout rooms

4:30 pm   **Adjourn**

5:00 pm   **Group Dinner and Networking**

Tuesday, March 21, 2023 (EDT)

7:00am   **Breakfast**

8:00 am   **Welcome and Ice Breaker**
Rachael Dombrowski

8:30 am   **Concurrent Track Sessions**
(Determined through application. Participants will have a break within their concurrent session as determined by the facilitator).

Session	Facilitators
School Health Index In this session, participants will: Be introduced to the School Health Index (SHI) Self- Assessment Planning Guide. An interactive step-by-step demonstration of the tool and related materials will be presented.	**Seraphine Pitt Barnes,** PhD, MPH, CHES, Health Scientist, CDC Healthy Schools
CDC's Health Education Teacher Instructional Competency (HETIC) Framework – A Guide for Promoting Effective Instruction in Health Education: In this session, participants will discuss the HETIC framework and other CDC tools and resources that can assist in improving teacher instructional competencies.	**Leigh Szucs**, PhD, CHES, Health Scientist, Research Application and Evaluation Branch, CDC Division of Adolescent and School Health (DASH)
Utilizing the Youth Risk Behavior Surveillance System: In this session, participants will: Be able to describe ways in which data and analysis from the Youth Risk Behavior Surveillance System can be integrated into pre-service health education teacher programs for utilization within their schools/districts.	**Jonetta J. Mpofu**, PhD, MPH, LCDR, USPHS Team Lead, Scientific Support & Innovation, SBSB, DASH, CDC Division of Adolescent and School Health (DASH)

10:00 am   Work on Presentations and Office Hours with Experts

- Attend TA Office Hours at the team's selected meeting time.
- Finalize action plans for improvements.
- Finalize program presentations in preparation for afternoon.

12:30 pm   Lunch

1:15 pm   **Future of School Health Education**
Lloyd Kolbe, Professor Emeritus of Applied Health Science, Indiana University
School of Public Health—Bloomington
In this session, participants will discuss potential changes to health education
teacher preparation programs for the advancement of health among children.

1:45 pm   **Break**

2:00 pm   **Program Presentations**

3:15 pm   **So You've Finished Your Action Plan, Now What?**
2021 and 2022 IHE Academy Alumni Perspectives
Brieah Hudson, Assistant Professor, Jackson State University
Jackie Dipzinski, Lecturer, SUNY Brockport
Julie Knutson, Professor, Minnesota State University Moorhead
Erin Centeio, University of Hawai'i at Manoa

4:30 pm   **Adjourn**